

ENTERPRISING RURAL FAMILIES ASSESSMENT

How Does Your Family Function?

This is a great tool for insight into how the various members of your family think your family functions. Give an honest assessment to each of the following statements. Circle the number which best describes your situation. Photocopy this page and have members of your family fill it in. Decide in advance which family unit is being discussed. Discuss your responses.

	None of the time	Some of the time	Most of the time	All of the time
1. We spend time together as a family.	0	1	2	3
2. Family members talk and listen to each other on a regular basis.	0	1	2	3
3. We have a strong sense of commitment to each other. There's a sense of family loyalty and pride.	0	1	2	3
4. The loyalty between spouses is stronger than the loyalty between parents and children.	0	1	2	3
5. We respect differences and encourage each other to have interests outside the family.	0	1	2	3
6. We are able to be direct and honest with each other. We don't gossip.	0	1	2	3
7. We can focus on the positive features of a difficult situation.	0	1	2	3
8. We deal with conflict in a direct, non-hurtful way. We don't carry grudges.	0	1	2	3
9. We express appreciation for each other and show each other we care.	0	1	2	3
10. We have fun together as a family.	0	1	2	3
11. There is respect and goodwill between the members of our family, even when there is disagreement.	0	1	2	3
12. We share a common vision.	0	1	2	3