ENTERPRISING RURAL FAMILIES ASSESSMENT What Are Your Family Rules?

- 1. List some of the "rules" in your family of origin. To help you get started, consider the following:
 - a) How does your family handle conflict? (Is arguing a no-no? Or do you discuss things openly?)
 - b) How does your family tolerate differences? (Does the family demand conformity or does the family applaud individual differences?)
 - c) Do certain members command unquestioned respect?
 - d) Are the different sexes or members of different generations expected to behave in certain ways?
 - e) Are you allowed to express emotions? Which ones?
 - f) Are you expected to excel?

g) Are there other rules (expressed or unexpressed) that operate in your family of origin?

2. Now think about rules in your own immediate family which may combine rules from two families: your own and your spouse's. Outline them below and what effect they have on the family and business.