

Income & Expenses Worksheet

My Income

Month of _____

Wages	\$
Tips/Commissions	\$
Child Support/Alimony	\$
Public Assistance (TANF)	\$
Social Security/Pensions	\$
Unemployment/Disability	\$
Veteran's Benefits	\$
Interest/Dividends	\$
Other Income	\$
Total Income	\$

Total Income	\$
Minus Fixed Expenses	\$
Total	\$
Minus Flexible Expenses	\$
Total	\$

My Expenses

Fixed Expenses

Rent/Mortgage	\$
Vehicle Payment	\$
Utilities - Electricity, Water, Gas, Oil, Garbage	\$
Savings	\$
Insurance - Health, Vehicle, Property, Life	\$
Other Loan Payments	\$
Other	\$
Total Fixed Expenses	\$

Flexible Expenses

Food	\$
Clothing	\$
Health/Medical	\$
Vehicle—Gas/Oil/Maintenance	\$
Phone/Cell	\$
Household	\$
Child Care/Elder Care	\$
Personal Expenses	\$
Education	\$
Entertainment/Recreation	\$
Cable/Internet	\$
Other	\$
Total Flexible Expenses	\$

